



# Nepal: 15 Days Upper Mustang Motor Bike Ride

URL: <https://himalayanleaders.com/trip/nepal-15d-upper-mustang-motorbike/>

## Difficulty

Moderate

## Tea House Days

9

## Hotel Days

5

## Motor Biking Days

12

## Altitude

3840

## Best Season

March to May

September to October

## Overview

### The 12 Days Upper Mustang Motorbike Ride

Mustang is situated on the Northern side of the Annapurna Himal and bordering Tibet (China). And the [Mustang Region](#) used to be called the Mustang kingdom. The Mustang area is a true gift to the earth and you must see it to believe it. While trekking in the Upper Mustang region of Nepal, we can admire the uniqueness of the tree-less landscape, rocky trails, and views of Nilgiri, Annapurna, Dhaulagiri, and the other Himalayas. Due to the fact that this region was completely isolated from the rest of the world. Therefore, from 1991 onward, this place was only opened for trekking to groups.

Specifically, the barley, potatoes, and buckwheat are grown here. In addition, these grown plants are the staple diet of the villages through which our trek passes to reach the ancient walled fortress city of Lo Manthang. From here the border of Tibet is just a stone's throw away. From Lo Manthang we can either return along from the same trail or head back to Jomsom by way of the sacred pilgrimage site of Muktinath. So, the Upper Mustang motorbike is one of the challenging and adventurous motorbiking in Nepal.

### Route Highlight

Area: Mustang Region,

Difficulty: B (Moderate)

Altitude: 3840m,

Duration: 15 days,  
Starting point: Kathmandu  
Ending point: Kathmandu  
Best season: Sep-Oct, Mar-May,  
Maximum group size: 20 pax  
Minimum pax/Person: 2 pax

## **Trip Itinerary**

### **Day 01: Arrival in Kathmandu o/n in a hotel +D**

Arrival and pick up from the international airport in Kathmandu, after some refreshment we will invite you for a traditional Nepali dinner.

### **Day 02: Sightseeing in Kathmandu o/n in Hotel +B**

Today after breakfast we will go for full day sightseeing tour around Kathmandu valley, very ancient and essentially enlisted in UNESCO World Heritage sites. Till then we prepare Motor bike trip permit and Special Permit to upper mustang.

### **Day 03: Motor bike to Pokhara (6hrs, 200km, 800m) o/n in a hotel +B**

Gear up as we have our first motorbike day where we drive after breakfast alongside the Trisuli River with views of green valley's situated in front of the nearing mountains. We drive up the many curved roads to Pokhara.

### **Day 04: Motor bike to Tatopani (125km, 5hrs, 1140m) o/n in lodge +B+L+D**

A real Himalayan adventure day awaits us as we drive up about 85km to Beni along side the Kaligandaki River with emerging scenic views of Annapurna. Beni is on the Annapurna trekking routes. We now are in the mountains and our trail rises and descents, crossing small Nepali mountain villages where in Tatopani a well deserved natural hot spring awaits us en where we will enjoy the nature of the mountain range.

### **Day 05: Motor bike to Kagbeni (65km, 5-6hrs, 2800m) o/n in lodge +B+L+D**

We will leave early in the morning steep uphill from Tatopani to Kagbeni via Dhana, Ruptse, Ghasa and Jomsom. The road follows the Kali Gandaki valley. The river cuts a channel between the peaks of Annapurna I and Dhaulagiri and qualifies the Kali Gandaki valley for the world's deepest gorge. Kagbeni is the starting point of the Upper Mustang. The spectacular peaks of Nilgiri, Dhaulagiri, Tukucho Peak and Dhaulagiri tower above the sparse brown landscape as you drive on gently undulating trails until you reach Kagbeni, an interesting and typical Tibetan village.

### **Day 06: Motor bike to Ghami (3510m, 35km, 4-5 hrs) o/n in Guest House**

## **+B+L+D**

From Kagbeni we enter the region of Upper Mustang, which until very recently was restricted to travelers. After a short steep climb, we reach the beautiful village of Chele. Chele La Pass at 3,630m is our first checkpoint, from here we drive until to the Yamda La ( 3850m) through syanboche, during the day we will passes a small tea houseas, chortens and village with a Tibetans styles house. Ghami is the small village sheltered by overhanging cliffs and next to a clear stream surrounded by barren large fields. The afternoon is in perhaps the driest part of Mustang and the views of countryside are magnificent with the rugged mountains in the east and west.

### **Day 07: Motor bike to Lo-Mangthang (25km, 3840m, 3hrs) o/n in guest house +B+L+D**

Today, we head out to our final destination towards the capital of Mustang where the king of the mustang still resides. Lomanthang the walled city. There are Four major temples within the city wall. Usually, The approach into the temples could be successful after a bit negotiation.

### **Day 08: Explore around Lo-Mangthang o/n in Guest house +B+L+D**

Today we leave you here for explore the charming city of Lo - Manthang, the city contains about 150 houses, as well as residences for its many lamas. There are four major temples within the city and one of these, Champa Lhakang, contains a huge clay statue of Buddha as well as elaborates mandalas painted on the walls. The king's palace is an imposing building in the center of the city and is occupied by the current King and Queen. Although his duties are largely ceremonial, the King is respected by the people. It is also possible to hire horses and get different experience with horse riding.

### **Day 09: Explore around Lo-Mangthang o/n in guest house +B+L+D**

Today we will explore Lo Manthang and Chosyar valley. We will visit all the temples of the area and other villages. Continue to the villages of Shija and Guruk where you will find the only cave dwellers of Nepal. We will drive to Tibet border observing on the way villages and cultures.

### **Day 10: Motor bike to Chusang (45km, 2980m, 6-7hrs) o/n in guest house +B+L+D**

After breakfast, we bike downhill through river via Ghami, Syanbochen, Charang to Chusang.

### **Day 11: Motor bike to Muktinath (25km, 3760m, 2hrs) o/n in lodge +B+L+D**

Early in the morning after breakfast, we start bike, it is the hardest day today, cross Gyula pass 4077m, and continue bike to Muktinath with the best panoramic views of Annapurna, Dhaulagiri, Tukucho, the Muktinath is an important pilgrimage center for Hindus and Buddhist. The most well known holy place is a Vishnu temple where are 108 spouts, fashioned in the shape of cows' heads, pour forth water that is considered to be holy. This water is channeled from a stream running above the temple. The temple is built in Tibetan style and contains huge brass idols of Vishnu, Shiva, Brahma, and Kali.

### **Day 12: Motor bike to Beni (95km, 830m, 6-7hrs) o/n in lodge +B+L+D**

Today after breakfast we bike back downhill, which will be very pleasurable on the jeep tracks trails!

Today we have to start early as the wind gets strong after 11 am making motorcycling more challenging. Chill out on this section of the trail and enjoy the views of many different mountain ranges up to Beni.

### **Day 13: Motor bike to Bandipur (150km, 1142m, 4-5hrs) o/n in Hotel +B+L+D**

Today we bike jeep track to Bandipur. Bandipur is a living museum of Newari culture, a beautifully preserved village crowning a lofty ridge above the highway stop of Dumre.

### **Day 14: Motor bike to Kathmandu (140km, 4-5hrs) o/n in Hotel +B**

### **Day 15: Departure +B**

After breakfast you are free in leisure until the time of departure. And transfer you to the international air port for your onward destination.

## **Trip Includes**

- Transportation to and from the airport
- Government licensed guide for sightseeing in Kathmandu valley
- Welcome dinner by arrival
- Mustang special permit and conservation fee
- One guide for whole tours including his motorbike.

## **Trip Excludes**

- Lunch and dinner
- Travel insurance incl. Repatriation by helicopter rescue in case of emergency
- Monument entrance fees during sightseeing in Kathmandu valley
- Extra transport or horse in case of road block and any accident
- Personal expenses like soft and hard drink, laundry, telephone
- Airport tax and tips for local staff
- International flight ticket and airport tax
- All fuel and Mobil Oil for bike, 1-liter fuel run 30-40 km
- Any extra services which is not included above
- Motorbike if needed to rent

## **Address**

Himalayan Leaders Treks and Expedition Pvt. Ltd.  
Thamel, Kathmandu, Nepal