



**Himalayan
Leaders**
Exploring the Himalayas...

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Nepal 12 Days Everest Pikey Peak Mountain Biking

URL: <https://himalayanleaders.com/trip/everest-pikey-peak-mountain-biking/>

Difficulty

Moderate

Tea House Days

7

Hotel Days

5

Mountain Biking Days

7

Altitude

4065

Best Season

March to May, September to November

Overview

Pikey Peak Mountain Biking

Embark on a thrilling and unforgettable adventure through Pikey Peak Mountain Biking in the Everest region of Nepal. This extraordinary journey takes you through uncharted territory, offering breathtaking views of the world's tallest peaks and stunning landscapes that will leave an indelible mark on your memory.

The Trail:

Pikey Peak Mountain Biking presents a paradise for nature lovers, as you navigate through an unexplored route that provides spectacular views of the snow-capped mountains in the Everest region. The trail showcases the awe-inspiring beauty of the Himalayas, immersing you in its serene and captivating landscapes. Prepare to be enchanted by the mesmerizing vistas that unfold before your eyes, especially during the magical moments of sunrise and sunset.

Culture:

One of the most fascinating aspects of Pikey Peak Mountain Biking is the opportunity to immerse yourself

in the rich and unique Sherpa culture that has thrived in the region for centuries. As you pedal through traditional villages along the route, you will encounter friendly locals and have the chance to learn about their customs, traditions, and way of life. Explore the intricately designed monasteries, interact with lamas, monks, and nuns, and gain insights into the spiritual practices that have shaped this remarkable culture.

Fitness Level:

Pikey Peak Mountain Biking is an adventure that can be enjoyed by individuals with a moderate level of fitness. While it doesn't require expert cycling skills, a reasonable degree of physical fitness is necessary to reach the peak's maximum altitude of 4,065 meters. The journey offers a perfect balance of exhilarating challenges and rewarding achievements, leaving you with a profound sense of accomplishment.

Accommodations:

Please be aware that Pikey Peak Mountain Biking is a less frequented route compared to other popular destinations in the area. As a result, the available accommodations and lodging options along the trail may be more basic. However, you will find several cozy tea houses and homestay services that provide comfortable amenities, ensuring a pleasant stay during your adventure. Although the facilities may be simpler, the warmth and hospitality of the local hosts will make you feel at home.

In summary, Pikey Peak Mountain Biking is a must-try adventure for those seeking an extraordinary and off-the-beaten-path experience in the Everest region of Nepal. With its awe-inspiring views of the Himalayan mountains, deep immersion in Sherpa culture, and the thrill of conquering an unexplored route, this journey promises unforgettable memories. Push your limits, connect with nature and the local community, and create lifelong memories that will forever resonate in your heart.

For detailed information and to book your Pikey Peak Mountain Biking adventure, please contact our trekking agency or visit our website. Our experienced team will be delighted to assist you in planning an incredible journey that suits your preferences and ensures a seamless and memorable experience.

Trip Itinerary

Day 01: Arrival in Kathmandu (1350m / 4,430ft)

On your arrival our representative will greet & warmly receive you and assist you to transfer to the hotel. After having some refreshment, we will meet in the office and briefly discuss the last-minute specifics of the trek and have a Nepali dinner. In evening time, you can explore around Thamel area by yourself.

Overnight in 3*/ 4* Hotel in Kathmandu

Included standard meal (Welcome Dinner)

Day 02: Warm up ride or sightseeing around Kathmandu Valley

After breakfast, we will start sightseeing tours around Kathmandu Valley. The sightseeing program is all about introducing some highlights and UNESCO World Heritage sites of Kathmandu such as Durbar Square, Swoyambhunath, Pashupatinath, and Bouddhanath.

Overnight stay in 3*/ 4* Hotel in Kathmandu

Included standard meal (Breakfast).

Day 03: Drive to Dhap (2932m/ 9,620 ft) and Mountain bike to Jhapre (2829m / 9,281 ft)

Drive Hours: 6 hours

Drive Distance: 235 km/ 146 miles

Ride Distance: 12 km/ 7.5 miles

Ride Hours: 3 hours

Ridability: 100%

Maximum Altitude: 2932 meter/ 9,620 ft

This day after morning breakfast and drive to Dhap. On reaching Dhap we fix the mountain bike and get ready for the ride to Jhapre. In route, a small village and rural lifecycle can be seen. We overnight at a local lodge.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 04: Mountain bike to Pikey peak base camp (3640m/ 11,942 ft)

Ride Distance: 15 km / 9.3 miles

Ride Hours: 6 hours

Ridability: 80%

Maximum Altitude: 3640 meter/ 11,942 ft

After having breakfast, we get ready for the uphill ride to Pikey peak base camp. Our trail starts through a dense forest of rhododendron to the Pikey Peak Base Camp. On the way, we visit some small Buddhist stupas and monasteries. On reaching Pikey peak you can explore around. There is one small cheese farm also where you can visit and buy the yak cheese.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 05: Mountain bike to Pikey peak (4065m/ 13336 ft) and ride to Phaplu(2469m/ 8100 ft)

Ride Distance: 25 km/ 15.5 miles

Ride Hours: 5 hours

Ridability: 90%

Maximum Altitude: 4065 meter/13336 ft

After breakfast, get ready to climb Pikey peak top. We carry our bikes up to the top and explore around. From here you can see the beautiful sunrise view above the Himalayas. One can enjoy the magnificent

view of Kanchenjunga in the east and the chain of Annapurna in the west. Between them, you can see the dazzling view of Everest and whole series of other white mountains. Then after spending some time at the top we ride downhill to Phaplu.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 06: Mountain bike around in Phaplu

This day after breakfast, we ride around Ratange danda. During the ride, you can explore the local village and also can see beautiful snowcapped mountains with the view of Everest, Makalu, Numburu (6962m), etc.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 07: Mountain bike to Junbesi (2700m/ 8858 ft)

Ride Distance: 13 km/ 8.1 miles

Ride Hours: 5-6 hours

Ridability: 100%

Maximum Altitude: 2700 meter/ 8858 ft

After enjoying breakfast, we start our ride to next destination. The ride will be very enjoyable because of the delightful and picturesque countryside view in which we pass through many local villages that are surrounded by green pasture. The scenery is truly mesmerizing, with breathtaking views of the Himalayas which enhance the Khumbu region. On the way of our ride, we explore small monasteries; this monasteries reflect that it has secured and protected the atmosphere of serenity and spirituality. After 5-6 hours of our ride, we reach Junbesi, where we are greeted with breathtaking views. Overnight stay in lodge.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 08: Mountain bike to Kinja (1630m/ 5347 ft)

Ride Distance: 35 km

Ride Hours: 4 hours

Ridability: 100%

Maximum Altitude: 3530 meter/ 11,581 ft

On this day after having breakfast, we ride uphill and cross Lamjura La Pass(3530 meters/ 11,581 ft). As we make our way over the pass, we are rewarded with breathtaking panoramic views of the surrounding landscapes. From here, we begin to ride downhill all the way to Kinja. Our path takes us through the scenic villages of Goyam and Gurase, where we can explore the beauty of the lush green forests. Along the route, we see the Mani wall, a stone wall adorned with sacred Buddhist inscriptions, adding a touch of spirituality to our journey. The pleasant ride through the vibrant forest offers a serene, providing a refreshing diverse and calm experience.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 09: Mountain bike to Jiri (1905m/ 7,657 ft)

Ride Distance: 45 km/ 27.9 miles

Ride Hours: 4 hours

Ridability: 100%

Maximum Altitude: 2,334 m/ 7,657 ft

After breakfast, we begin our ride to Jiri. Jiri is renowned as the starting point for Everest trekking. Along the way, we pass through country yards belonging to different communities and encounter friendly local people. On this day we ride downhill to Chaulakharka, then uphill ride to Bhandar. From Bhandar, we enjoy another downhill stretch leading to the charming town of Shivalaya. We then face an uphill ride until we reach Deurali Pass, situated at an altitude of 2334 meters/ 7,657 ft. Finally, we make our way down to Jiri, completing our ride through diverse landscapes.

Overnight stay in Guest House

Included standard meal (Breakfast, Lunch, Dinner)

Day 10: Drive to Kathmandu (1350m/ 4,430ft)

Drive Hour: 6 hours

Drive Distance: 165 km/ 102.5 miles

This day after breakfast we drive to Kathmandu. It will take 6 hours to reach Kathmandu. After refreshment, you can free to explore the city and its surroundings at our own. You can visit local attractions, wander through the bustling streets, local cuisine, or simply relax and soak in the vibrant atmosphere of Kathmandu.

Overnight stay in 3*/ 4* Hotel in Kathmandu

Included standard meal (Breakfast).

Day 11: Free day in Kathmandu

On this day, you can explore Kathmandu Valley on yours own and also you can go for shopping to get some souvenir.

Overnight stay in 3*/ 4* Hotel in Kathmandu

Included standard meal (Breakfast).

Day 12: Departure

We will arrange for your transfer to the Tribhuvan International airport three hours before your scheduled departure time. Enjoy your flight back home, and may you cherish the memories from your trip for a lifetime.

Included standard meal (Breakfast).

Trip Includes

- Hotel with bed and breakfast in Kathmandu
- Welcome dinner by arrival
- National park fee and Necessary permits
- Accommodation in hotel and lodge
- Porters (1Porter for 2 clients)
- Mountainbike guide
- Staff insurance, Wages and Necessary equipment
- Arrival and transfer transport from to international in Kathmandu
- 3 meals a day during Mountain biking
- Private transfer from Kathmandu to Dhap and Jiri to Kathmandu

Trip Excludes

- Nepal visa (50usd and 2 passport photos, available at the airport in Kathmandu)
- Personal expenses like soft and hard drink, laundry, telephone
- International flight ticket and airport tax
- Lunch and dinner in Kathmandu
- Sleeping bag
- Personal insurance and helicopter rescue in case of emergency
- Mountain bike and spare parts
- Mountainbike rent, here we are ready to serve you our new branded bikes in different models as per your interest

Address

Himalayan Leaders Treks and Expedition Pvt. Ltd.
Thamel, Kathmandu, Nepal