



Tibet: 04d Discover Lhasa

Grade: Moderate

Highlights:

Discover Lhasa. Lhasa is Tibet's traditional capital and the capital of Tibet Autonomous Region. The world heritage sites Potala Palace and Norbulingka, the residences of the Dalai Lama, are situated in this region. The city contains a number of significant temples and monasteries which are deeply ingrained in its history including Jokhang and Ramoche Temple. The drive from Kathmandu to Lhasa promises to be an experience of a lifetime as you get to look at the stunning landscape, architecture and meet the spiritual population of Tibet. Tibet has enchanted travelers for centuries and a drive over the vast arid plateau coupled with a chance of meeting its people allows travelers of today a glimpse into what Tibet might have been before the Chinese occupation. When flights to Lhasa aren't operating, the only way to travel there is by road from Kathmandu. However, when flights are operating some prefer to go by road one way and fly the other or both way flight for those who have just limited time. This is very short and sweet trip for the people who fully want to explore the capital city of Tibet in short period. Route Highlight Area: Lhasa Region, Difficulty: Easy Altitude: 3650m, Duration: 4 days, Starting point: Lhasa Ending point: Lhasa Maximum group size: 30 pax Minimum pax/Person: 1 pax Culture: Tibetan Culture Note: B=Breakfast, L= Lunch, D=Dinner

Day to day:

Day 01: Arrive and transfer to, Lhasa, 3650m, o/n in a hotel:

Morning transfer to Kathmandu airport and fly to Lhasa. You will have a 1 hour and 10 minutes lasting Trans Himalayan Flight to Lhasa which is considered one of the most beautiful flights in the world. It takes us over the Everest (8848m) and the Kanchenjunga (8536m). You will be met by our Tibetan guide at Gonggar airport. After immigration formalities and a 1.5 hour drive along a 93 km road you will reach Lhasa. It's advisable to rest and take it easy for the remainder of the day due to Lhasa's altitude.

Day 02: Sightseeing around in Lhasa, o/n in a hotel:

Our tour begins with a visit to Sera Monastery with an experienced tour guide. Sera Monastery is a preserved monastery of white washed walls and golden roofs. Equally adventurous and exciting is the Norbulingka, the summer palace of the Dalai Lama. Jokhang Temple is another important sacred site which unravels more deep seated mysteries of Tibetan Buddhism.

Day 03: Sightseeing in Lhasa, o/n in a hotel:

Today your visit to Potala palace and Drepung monastery will bestow invaluable insights. From the Mar Po Ri Hill where the the 17th century great monumental structure Potala Palace stands you can get an awesome view of the entire city. The interior space of the Potala Palace consists of 130,000 square meters and contains the private headquarters of the Dalai Lama, numerous grand state rooms and chapels. Your next visit will be to Drepung Monastery, a residence of the Dalai Lama before the Potala Palace was built in the 14th century. It used to shelter around 10,000 monks.

Day 04: Fly Back to Kathmandu 0/n in a hotel:

Early morning drive to the airport. The flight back to Kathmandu is probably one of the most spectacular flights in the world. A representative will meet you at the airport and transfer you to your hotel.

What is included?

- Transport with minibus in Nepal part and in Tibet with Land cruiser
- Pension fund , insurance for local staff of Himalayan Leaders
- Flight fare from Kathmandu -Lhasa
- All accommodation on Bed and Breakfast basis in twin sharing room
- Tibet travel permits, Tibet visa and monument entrance fees
- Tibetan English speaking guide and cook out of Lhasa in Tibet
- Sightseeing as per mention in the program

What is excluded?

- Lunch and dinner
- Nepal re-entry visa fee
- Travel insurance in case of emergency
- Extra transport or porter incase of accident or any emergency
- Personal expenses