



Nepal: 58d Everest Expedition

Grade: Very Demanding

Altitude: 8,848 m.

Tent Days: 40

Tea House Days: 11

Highlights:

Mount Everest is the highest point on earth; it is 8848m/29,028 ft tall, towering above sea level. Mt. Everest became named after Sir George Everest, the British surveyor-general of India, Everest, in Tibet is known as Chomolungma and Nepali people call this mountain Sagarmatha. Mt. Everest is located half in Nepal and half in Tibet. From Nepal Tenzing Norgay Sherpa and from New Zealand Edmund Hillary were the first climbers of Everest, via the South-East Ridge Route on 29th May 1953. Ms. Junko Tabei from Japan climbed Everest via the South-East Ridge and she became the first climber of Everest. Mr. Reinhold Messner from Italy was the first solo climber via the North Col to the North face on 8-20-1980. Mr. Reinhold Messner from Italy and Mr. Peter Habeler from Austria were the first climbers who made the ascent without bottled oxygen. Terms & Conditions High Altitude Climbing Sherpas: All sherpas will ferry loads up to the high camps above Base Camp. A Sherpa will always be assigned to accompany and assist any member or group while climbing. For safety and service, the Himalayan Leaders arrange a ratio of more than one Sherpa to each member. Himalayan Leaders will also station two extra Climbing Sherpas at Camp 4 for emergency and rescue circumstance All Costs for the Sherpa's Meal, accommodation, oxygen etc. are all covered in the package. The Climbing Sridhar manages all aspects of load ferrying and high camp establishing. The Sridhar will manage the climbing rotation and duties of all Climbing Sherpas. Summit Sherpas: Before the Final Push to the summit, a named summit Sherpa will be paired with each member at Base Camp. The Summit Sherpa will climb together with the member from Base Camp to the summit and Back. Personal Sherpas: An additional personal Sherpa can be hired from Himalayan leaders trek. The personal Sherpa will climb with the member at all times. The personal Sherpa will also help to carry gear, equipment, and water, etc. during summit push, the member will be accompanied by a personal Sherpa and a summit Sherpa. When members are on rest at Base Camp, personal Sherpas will help with ferrying loads and set up camp. Sherpa Bonuses: There are two types of bonuses. The Sherpa bonuses are extra to the package costs. Each member is charged for only one Sherpa unless they have taken the services of extra personal sherpas. In this case, the member will need to cover the bonuses of all Sherpas that are engaged for the member. 1. The Climbing and Load Ferry bonus (US\$ 1500): The Sherpa receives this bonus for assisting members, load ferrying and setting up high camps. The Climbing bonus is not refundable 2. Summit Bonus, US\$ 500: The summit bonus is automatically granted to the sherpa upon climbing higher than Camp 4 with the member. The summit bonus is not refundable if the Sherpa and Member climb above Camp 4. Both bonuses will be collected by Himalayan Leaders before departure of the expedition from Kathmandu. The summit bonus will be refunded by Himalayan Leaders upon the “no-objection” clearance from the expedition leader. Oxygen Himalayan leaders trekking provides poisk oxygen for expedition use. The package cost includes 5 bottles of poisk oxygen for the use of the member. Each bottle of oxygen has a volume of 4 liters at roughly 300 Psi (depending on the outside temperature). Extra oxygen bottles are available to buy from Asian Trekking at US\$ 450 per bottle. This includes the transport to base camp. Depending on the strength and ability at high altitude of the members, the Leader will create a schedule for the usage of oxygen during the summit bid. Oxygen bottles once bought are not refunded, even if unused. Oxygen Masks Himalayan Leader trek & Expedition provides the latest and best in oxygen delivery system, the Top out Mask On availability, the inventor of the mask, Ted Atkins, will give a full briefing on the proper use of the mask before departing from Kathmandu. Alternatively, the leader will give the same briefing Oxygen masks are for use during the Expedition only.

Day to day:

Day 1: Arrival and transfer to hotel, after some refreshment , we will invite for typical Nepali welcome dinner, o/n in a hotel

Day 2: Sightseeing around in Kathmandu valley and official procedures for expedition, o/n in a hotel +B:

Day 3: Preparation for expedition, o/n in a hotel +B:

Day 4: Morning fly to Lukla and trek to Phagkding (2600m,4hrs) o/n in lodge +B+L+D:

Day 5: Trek to Namche Bazar (3440m, 6hrs) o/n in lodge +B+L+D:

Day 6: Rest and hiking around in Namche ,o/n in lodge +B+L+D:

Day 7: Trek to Tengboche (3837m,6hrs) o/n in a lodge +B+L+D:

Day 8:Trek to Dingboche (4343m, 6hrs) o/n in lodge +B+L+D:

Day 9: Trek to Lobuche (4915m, 7hrs) o/n in lodge +B+L+D:

Day 10: Acclimatization / Rest day in Lobuche, o/n in lodge +B+L+D:

Day 11: Trek to Everest Base Camp. (5380m, 5hrs) o/n in camp +B+L+D:

Day 12-50: Climbing Period on Mt. Everest.:

Day 51: Base Camp Clean Up +B+L+D:

Day 52: Trek to Pheriche (4200m, 7hrs) o/n in lodge+B+L+D:

Day 53: Trek to Tenboche (3440m,6hrs) o/n in lodge +B+L+D:

Day 54: Trek to Namche (3440m,5hrs) o/n in lodge +B+L+D:

Day 55: Trek to Lukla (7hrs,2800m) o/n in lodge +B+L+D:

Day 56: Fly to Kathmandu o/n in a hotel +B:

Day 57: Free day in Kathmandu, o/n in a hotel +B:

Day 58: Transfer to international airport in Kathmandu +B:

What is included?

- Hotel with breakfast in Kathmandu
- Sightseeing with Cultural English speaking guide in Kathmandu
- One high altitude Sherpa per climber to carry all food and gear to higher camps. Also assist the member during climb and summit
- Clean Mountain Cans at Camp II
- Re stop toilet bags to bring human waste of the mountain for all members.
- Parabolic Solar Cookers at Base Camp and Camp 2.
- Sat Phone available at Base camp, but nominal charge for use
- Email, Internet services available with nominal charge for use.
- Walkie-talkies for each member base unit at Base Camp.
- High altitude tents (North Face or similar quality) for all members and climbing Sherpas
- Base Camp single tent for each members, climbing Sherpa, BC staff and Liaison Officer
- Khumbu Ice Fall route fee (Khumbu Ice Fall route will be fixed by SPCC and we pay them in order to use the route which will be the safest)
- Schedule flight Kathmandu-Lukla-Kathmandu for members
- Transportation of food supply to Base Camp from Kathmandu (Cargo to Lukla and then by porter to base camp)
- Schedule flight Kathmandu-Lukla-Kathmandu for Liaison Officer
- Sagarmatha National Park fee
- All food and fuel for Base Camp and higher camps during expedition
- Services of cook and kitchen boy at Base Camp and cook at Camp 2
- All kitchen tent, stores tent, dining tents, toilet tents, tables and chairs, and cooking utensils for Base Camp
- Insurance for Climbing Sherpas, Cooks, Liaison Officer, and local porters
- Equipment allowances and wages for Climbing Sherpas, cooks, kitchen boys and Government Liaison Officer
- Accommodations in hotel, lodge and tent as per mention in the program

What is excluded?

- International Airfare
- Monument entrance fees during sightseeing in Kathmandu valley
- Entry visa into Nepal. This can be obtained at the airport upon arrival
- Lunch and dinner in Kathmandu
- Personal climbing gears.
- Applicable permit fees and customs charges, etc. for SAT phone, communication equipment, and commercial filming
- International airport departure tax at Kathmandu Airport.
- Applicable customs duty and import license fees for all personal expedition goods arriving in Nepal by air/road as cargo
- Climbing Bonus above South Col : US\$ 1500 per Climbing Sherpa
- Climbing Bonus up to South Col : US\$ 500 per Climbing Sherpa
- Tips and bonuses